



# HRC Heartbeat March 2022

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 3554 M-40 Hamilton, MI 49419 (269) 751-5145  
[hamiltonreformedchurch@gmail.com](mailto:hamiltonreformedchurch@gmail.com) [www.hamiltonreformedchurch.org](http://www.hamiltonreformedchurch.org)

## Lenten Prayer Calendar

Journey through Lent with a prayer a day. Use the prompts each day to guide your prayers.

### March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> Prepare your heart for Lent	<b>2</b> Ash Wednesday Pray for your pastor	<b>3</b> Pray for your classmates or co-workers	<b>4</b> Pray for someone who is sick	<b>5</b> Pray for your teachers or boss
<b>6</b> Celebrate the Sabbath	<b>7</b> Pray for your neighbor	<b>8</b> Pray for a friend	<b>9</b> Pray for someone who is lonely or sad	<b>10</b> Pray for your family	<b>11</b> Pray for our school system	<b>12</b> Pray for someone who mentors you
<b>13</b> Celebrate the Sabbath	<b>14</b> Pray for our healthcare workers	<b>15</b> Pray for those who challenge you	<b>16</b> Pray for financial health	<b>17</b> Pray for those whose needs are not being met	<b>18</b> Pray for your faith community	<b>19</b> Pray for wisdom and direction
<b>20</b> Celebrate the Sabbath	<b>21</b> Pray for farmers	<b>22</b> Pray for your physical, mental, and emotional health	<b>23</b> Pray for our church leaders (Elders and Deacons)	<b>24</b> Pray for increased faith	<b>25</b> Pray for someone who lost a loved one	<b>26</b> Pray for conviction
<b>27</b> Celebrate the Sabbath	<b>28</b> Pray for someone you should forgive	<b>29</b> Pray for someone who is struggling	<b>30</b> Pray for the strength to overcome temptation	<b>31</b> Pray for our enemies		

## HRC Prayer Wall

Stop by the ledge outside the library and fill out a prayer card. We will post them on the bulletin board each week. You are also encouraged to take a cross keychain as a reminder that “there is never a day when you don’t need to pray”.



## *March Kids Hope Update ~ My Word is Thankful*

As we near the completion of the second month of the new year 2022, we have so much to be thankful for. Sometimes we forget to stay thankful and be thankful in everything...even thankful when things don't go exactly our way.

I spent January getting my feet wet as the Hamilton Director for Kids Hope, not quite sure how to find the remaining mentors needed for this school year. It took me some time to realize that it wasn't me that was going to find the right mentors needed, only the Holy Spirit could lead the right ones to me.

When earnestly praying and being open to the Spirit's guidance and opportunities given, we then share in the amazing power given to us through prayer. I will remain thankful for and in everything because this is God's way. "In all your ways acknowledge Him, and He will direct your paths." Proverbs 3:6

A BIG THANK YOU – to our mentors, prayer partners and our church prayer warriors. Our students, teachers and administrators appreciate all you do.

If you have any questions or would like to know more about Kids Hope USA, I'm always available to talk.

Joy Essenburg

kidshopehrc@gmail.com



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### *You are invited to attend the Hamilton Reformed Church Ash Wednesday Service*



Wednesday, March 2  
7:00pm in the Fellowship Hall

What is Ash Wednesday? The following information from [faithward.org](http://faithward.org) can help us understand the focus of Ash Wednesday.

Ash Wednesday begins the season of Lent, the 40 days (excluding Sundays) that lead up to Easter. This first day of Lent and the following liturgical season are marked with a somberness as Christians reflect on their mortality, their sinfulness, and the dying of self that comes with new life in Christ. While there is no mention of Ash Wednesday in the Bible, the Old Testament records acts of repentance or mourning accompanied by symbolic ash and sackcloth. Recall stories of David, Esther, Job, Isaiah, Jeremiah, and Daniel.

Why do we put ashes on our foreheads? Ashes are a biblical reminder of our mortality: "You are dust, and to dust you shall return" (Genesis 3:19). The spreading of ashes on foreheads is a visible reminder of this. The ashes also represent sorrow and repentance for sin.

Ash Wednesday reminds us that two things are involved in genuine repentance: "the dying of the old self and the coming to life of the new" (Heidelberg Catechism, question and answer #88). The way to Easter is the way of the cross. "Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death?" (Romans 6:3). New life with Christ involves a daily surrendering of the old life. Ash Wednesday, the first step of this Lenten journey, invites us to acknowledge our mortality and our sinfulness by the imposition of ashes.

# Children's Discipleship Update

Nicki Boerman & Gracie Bosch - Children's Ministry Coordinators - hrcchildren@gmail.com

Kid Connection is coming to a close.

We had lots of fun this semester being scientists. We've seen a Diet Coke geyser, exploded bags, made magnetic slime and so much more! All of these things taught us that God draws us closer to Him even when things are under pressure.

With Kid Connection almost done and Sunday School to follow shortly, we are turning our attention to Vacation Bible School. This year, we are planning to return to the more traditional VBS model and will be looking for volunteers. Please consider joining our team and help bring a fun, filled few days to our community.

Thanks ~ Nicki and Gracie

We're planning a carnival at HRC for our year end party for Kid Connection on March 16. Please watch for the HRC Pulse for details.

## Dates to Remember

### March 2

No Kid Connection  
(Ash Wednesday)

### March 6

Regular Sunday School Lesson

### March 13

Sunday School Special Activity

### March 16

Kid Connection  
Year-End Carnival

### March 20

Regular Sunday School Lesson

### March 27

Sunday School Movie Day

## Student Ministries at HRC

**Grow: 4<sup>th</sup>-5<sup>th</sup> Grade / Gravitate: 6<sup>th</sup>-8<sup>th</sup> Grade / The Gathering: 9<sup>th</sup>-12<sup>th</sup> Grade**

Drew Boerman – Director of Youth Leadership - hamrefyouth@gmail.com

### Gravitate Calendar

Meets Wednesday Nights ~ 6:30-7:45pm

March 2: MOB

March 9: Lesson Night – Faith Story

March 16: No Meeting

March 18-19: Overnight Lock-In

March 23: Game Night (Finale)

Wow, the year has gone by so fast.

We have an action-packed month planned and hope to see your students there.

### The Gathering Calendar

Meets Sunday Nights ~ 6:00-7:30pm

March 6: Lesson Night

March 13: Lesson Night

March 20: Game Night

March 25-26: Overnight Lock-In (Finale)

We have a fun last month of youth group planned. As always if you would like to join us for our game night you are more than welcome to come hang out with our youth.

March Meals

If you would like to bring a meal for our youth group, all dates in March are available.

Please contact Drew to sign up.

### Grow: 4<sup>th</sup>-5<sup>th</sup> Grade

Meets Wednesday Nights ~ 6:30-7:30pm

Grow is learning about God's character through the Psalms

March our theme is "We are Blessed"

*Please remember our March Prayer Buddies in your prayers this month!*



***Blake Casemier***

**Parents:** John & Libby Casemier

**Birthday:** January 6

**Age/Grade:** 6 years old/kindergarten

**I like:** art, making people laugh, camping, riding my bike and soccer

**Prayer Request:** Please pray for a year full of learning and good friendships



***Zander Boerman***

**Parents:** Phil & Nicki Boerman

**Birthday:** July 21

**Age/Grade:** 10 years old/4<sup>th</sup> grade

**I like:** taekwondo, wrestling, hanging out with friends, and doing puzzles

**Prayer Request:** Please pray that I continue to learn to stay calm when I'm frustrated and that I stay healthy



***Kamryn Bosch***

**Parents:** Mike & Gracie Bosch

**Birthday:** September 5

**Age/Grade:** 8 years old/2<sup>nd</sup> grade

**I like:** crafts, reading, and anything involving music

**Prayer Request:** Please pray for continued health and that I continue to grow at school both academically and socially

***Emberleigh (Emmy) Poll***

**Parents:** Craig & Maddy Poll

**Birthday:** May 15

**Age/Grade:** 4 years old/preschool

**I like to:** swim, play outside, go to the cottage and ride on the gator

**Prayer Request:** Please pray for a good first year of school, making friends, and staying healthy

## **March Preaching Focus**

In March, we begin the season of Lent, starting with the March 2 Ash Wednesday service. During the four Sundays in March, we will consider how Jesus made the most of each opportunity and how we can make the most of the opportunities God gives us to live for him and bless those around us.

Each Sunday, we will consider an opportunity described in the Bible, an example or teaching of Jesus, and a personal application for how we can make the most of each opportunity (Ephesians 5:16).

Series Title: "Making the Most of Every Opportunity"

### **March 6**

"Live as Children of Light" (Ephesians 5:1-20)

### **March 13**

"Do Good to Others" (Galatians 6:1-10)

### **March 20**

"Be Ready to Respond" (Colossians 4:2-6)

### **March 27**

"Show Hospitality" (Hebrews 13:1-3)

## **Sunday Evenings at Bentheim Reformed Church**

Rev. Larry LePoire continues his 9-week series (through April 10). Services will begin at 5:00pm.  
ALL are welcome!

## **Throwin' It Back 80's Aerobics!**

Join Compassionate Heart on Saturday, March 19, from 9:00-10:30am for their second annual aerobics fundraiser. Former aerobics instructor, Donna Bunce, is pulling out the sweat suit, sweatband, & 80's tapes! It's gonna be rad! All ages welcome. Sign up online at: [www.comphheart.org/news-events/](http://www.comphheart.org/news-events/)



Daylight Saving Time begins on  
Sunday, March 13.

Remember to "spring"  
your clocks ahead one hour.

## **Dates to Remember**

March 2 – Ash Wednesday Service  
March 8 – VBS Committee Meeting  
March 15 – Quilting Group  
March 16 – Kid Connection End-of-the-Year  
Carnival  
March 18-19 – Gravitate Lock-In  
March 21 – April Heartbeat Deadline  
March 25-16 – The Gathering Lock-In  
March 28 – Consistory Meeting / Elders &  
Deacons Meetings

## **Family Night Meals**

March 2 – No Meal (Ash Wednesday)

March 9 – Prayer Group  
BBQ

March 16 – Women's Sunday School  
Pork BBQ, Mac & Cheese, Chips

## **Safe Harbor Donations**

Safe Harbor in Allegan has outgrown their facility and are looking for donations to help build a new facility. They are a child advocacy center that specializes in gently interviewing children who are part of a violent or traumatic situation. For more information or to donate, please visit:  
[www.safeharborcac.org](http://www.safeharborcac.org)

## **Special Offering for Love Fund**

The last Sunday of each month we will be collecting a special offering for the Love Fund. This fund is used to assist those in our congregation who may be in need. Labelled buckets will be placed near the offering boxes for your donations and offerings. You may also use your offering envelopes and designate "Love Fund". Thanks for loving on those in need in our church family.

## **March Mission of the Month**

The Gate Youth Center



## *Ministry Helpers for March*

We thank our Ministry Helpers for giving of their time!

Ministry	March 6	March 13	March 20	March 27
<b>Greeters</b>	Larry & Sharon Haverdink	Ruth Brink Mary Haverdink	Eric & Lisa Helder and family	Jeff & Lisa Hulst and family
<b>Nursery</b>	Luanne Elenbaas Brianna Fales	Jackie Taratuta Carla VanderPoppen	Bev Ende Madison Fales	Holly Cochrane Matthew Fales
<b>Children's Message</b>	Diane VanLente			--
<b>Camera</b>	Missy Eustice	Ryan Lindholm	Eric Helder	Jerry VanLente
<b>PowerPoint</b>	Craig Poll	Kilee Kleinheksel	Mark Kleinheksel	Jessi Boerman
<b>Sound</b>	Brian Kleinheksel	Jeff Mulder	Tim Bleeker	Paul Koopman
<b>Pianist/ Organist</b>	Deb Meiste	Nancy Kleinheksel	Ruth Brink	Sherry Kleinheksel
<b>Praise Team</b>	Praise Band	Brian, Dale, Jen, Kathy and Tim	Bev, Dave, Lane, Gracie and Kendra	Youth Praise Team
<b>Valet Parking</b>	Lynn Elenbaas			

## *HRC Volunteer Opportunities*

There are MANY opportunities to help out at HRC. Check the bulletin boards by the kitchen or the carport to sign up.

- Children's Ministry Helpers:
  - Volunteers are needed to present a Children's Message during the morning worship service.
  - Do you enjoy making crafts? We need a few craft activities planned for kids ages 3 through 8<sup>th</sup> grade during the Sunday school hour. We will purchase supplies and help you with the presentation. Open dates are: March 13 and April 10.
  - Do you enjoy watching movies? We are still in need of adults to help out with handing out popcorn and watching a movie during the Sunday school hour with our kids on March 27.
- Cookies – Cookies are needed for our fellowship time on Sunday mornings.
- Personal Needs Pantry Volunteers – Volunteers are needed on Fridays from 10:00am-12:30pm. Open dates in March are: March 11, March 18
- Desserts are needed for our Wednesday Night meals.
- Meals for The Gathering (high school youth group). Please contact Drew Boerman for more information or to sign up.

**Sign Up  
Today!**





# MARCH

## Birthdays & Anniversaries

*\*Please see the church directory for address*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b>	<b>2</b> <i>Breslin Boerman</i>	<b>3</b> <i>Grace Eding</i> <i>Cal Lubbers</i> <i>Bob &amp; Bev</i> <i>Rigterink (3)</i>	<b>4</b>	<b>5</b> <i>Thelma Deters</i> <i>Wayne &amp; Bonnie</i> <i>DeZwaan (51)</i>
<b>6</b>	<b>7</b> <i>Harv Hoekje</i>	<b>8</b> <i>Paul Bosch</i> <i>Payton Eustice</i> <i>Andy &amp; Erin</i> <i>Rozendaal (19)</i> <i>Doug &amp; Karen</i> <i>TerHaar (37)</i>	<b>9</b> <i>Melissa Eding</i>	<b>10</b> <i>Dale Lampen</i>	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b> <i>Doug TerHaar</i> <i>Tracy</i> <i>Van Den Beldt</i>	<b>15</b> <i>Marie Jacobs</i>	<b>16</b> <i>Phil Boerman</i>	<b>17</b> <i>Jim Harper</i>	<b>18</b>	<b>19</b> <i>Howard Busscher</i>
<b>20</b> <i>Linda Bonzelaar</i> <i>Diane Sale</i>	<b>21</b> <i>Doug Brower</i> <i>John Kleinheksel</i>	<b>22</b> <i>John Casemier</i> <i>Debbie Kroeze</i> <i>Erin Rozendaal</i>	<b>23</b>	<b>24</b> <i>Sue Dykhuis</i>	<b>25</b>	<b>26</b> <i>Kerri Ritsema</i>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b> <i>Jean Hutt*</i> <i>Pat &amp; Kris</i> <i>Driscoll (33)</i>		

### Birthday Blessings



*Harv Hoekje is celebrating his 96<sup>th</sup> birthday on March 7.*

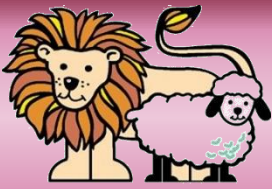
*Dale Lampen is celebrating his 94<sup>th</sup> birthday on March 10.*

*Please remember them by sending a card.*

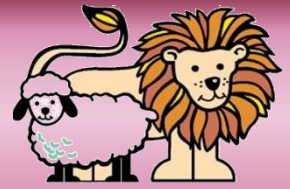
### Indulge for Lent?

Rather than sacrificing something for Lent, Patty Kirk, in *Guideposts* magazine, suggests finding new ways to indulge in God's presence:

- Spend time outdoors, sensing God's magnificence. Spend time with others, extending generosity and compassion.
- Pray for the "little things," coming before God in childlike trust and feeling peace.
- Watch attentively for God's answers to prayer, and receive them as reminders of his presence.
- Turn anxiety into prayer. As you frame concerns as prayers and entrust them to God, you "sacrifice" the tendency to wallow in worry.



# March 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> <b>8:45am</b> Preschool <b>11:30am</b> Library <b>6:30pm</b> Boy Scouts	<b>2</b> <b>8:45am</b> Preschool <b>11:30am</b> Library <b>6:00pm</b> Youth Praise Team <b>6:30pm</b> Gravitate to MOB <b>6:30pm</b> Search Team <b>7:00pm</b> Ash Wednesday Service	<b>3</b> <b>8:45am</b> Preschool <b>9:00am</b> Staff Mtg.	<b>4</b> <b>8:45am</b> Preschool <b>10:00am</b> Pantry	<b>5</b>
<b>6</b> <b>9:30am</b> Pastor Steve <i>Children in Worship &amp; Sunday School</i> <b>5:00pm</b> at Bentheim <b>6:00pm</b> The Gathering	<b>7</b> <b>8:45am</b> Preschool	<b>8</b> <b>8:45am</b> Preschool <b>11:30am</b> Library <b>7:00pm</b> VBS Committee Meeting	<b>9</b> <b>8:45am</b> Preschool <b>11:30am</b> Library <b>5:30pm</b> Family Meal <b>6:00pm</b> Youth Praise Team <b>6:30pm</b> Kid Connection Grow, Gravitate <b>6:30pm</b> Search Team	<b>10</b> <b>8:45am</b> Preschool <b>9:00am</b> Staff Mtg.	<b>11</b> <b>8:45am</b> Preschool <b>10:00am</b> Pantry	<b>12</b>
<b>13</b> <b>9:30am</b> Pastor Steve <i>Children in Worship &amp; Sunday School</i> <b>5:00pm</b> at Bentheim <b>6:00pm</b> The Gathering	<b>14</b> <b>8:30am</b> Prayer Group <b>8:45am</b> Preschool	<b>15</b> <b>8:45am</b> Preschool <b>11:30am</b> Library <b>1:00pm</b> Quilting Group	<b>16</b> <b>8:45am</b> Preschool <b>11:30am</b> Library <b>5:30pm</b> Family Meal <b>6:00pm</b> Youth Praise Team <b>6:30pm</b> Kid Connection Carnival, Grow <b>6:30pm</b> Search Team	<b>17</b> <b>8:45am</b> Preschool <b>9:00am</b> Staff Mtg.	<b>18</b> <b>8:45am</b> Preschool <b>10:00am</b> Pantry <div style="border: 1px solid black; padding: 5px; text-align: center;">Gravitate Lock-In</div>	<b>19</b>
<b>20</b> <b>9:30am</b> Pastor Steve <i>Children in Worship &amp; Sunday School</i> <b>5:00pm</b> at Bentheim <b>6:00pm</b> The Gathering	<b>21</b> <i>April Heartbeat Deadline</i> <b>8:45am</b> Preschool	<b>22</b> <b>8:45am</b> Preschool <b>11:30am</b> Library	<b>23</b> <b>8:45am</b> Preschool <b>11:30am</b> Library <b>6:30pm</b> Gravitate <b>6:30pm</b> Search Team	<b>24</b> <b>8:45am</b> Preschool <b>9:00am</b> Staff Mtg.	<b>25</b> <b>8:45am</b> Preschool <b>10:00am</b> Pantry <div style="border: 1px solid black; padding: 5px; text-align: center;">The Gathering Lock-In</div>	<b>26</b>
<b>27</b> <b>9:30am</b> Pastor Steve <i>Children in Worship &amp; Sunday School</i> <b>5:00pm</b> at Bentheim	<b>28</b> <b>8:30am</b> Prayer Group <b>8:45am</b> Preschool <b>6:30pm</b> Consistory Meeting followed by Elders / Deacons Meetings	<b>29</b> <b>8:45am</b> Preschool <b>11:30am</b> Library	<b>30</b> <b>8:45am</b> Preschool <b>11:30am</b> Library <b>6:30pm</b> Search Team	<b>31</b> <b>8:45am</b> Preschool <b>9:00am</b> Staff Mtg.	<i>Calendar items may change.            Check the HRC Pulse for an up-to-date weekly calendar.</i>	